



RĪGAS STARIŅŠ 2026.

OPEN JUNIOR KARATE GAMES. BULLETIN.



Organizer:

Fudzi sports club in cooperation with **Latvian Karate Federation**.

The person responsible for the competition - **Boris Krasnov**, phone: +37129621418, e-mail: ijka.latvia@gmail.com.

Competition type and concept:

The last competition of the competition cycle. The competition cycle consists of 4 separate competitions: "**Rīgas Perļīte 2026**", "**Rīgas Strautiņš 2026**", "**Rīgas Stariņš 2026**", "**Rīgas Liesmiņa 2026**".

Each competition is held separately, on different dates and with separate prize packages. **In the last competition of the cycle "Rīgas Liesmiņa 2026", the 3 best clubs are also awarded after the first, second and third places of all 4 competitions in the four disciplines - Kata, Kumite, Sumo and Fantom.**

Aims of the competition:

- To give **athletes-beginners the opportunity to get their first experience in karate competitions**, as well as to introduce them to the atmosphere and procedure of the competition.
- Development of mass sports.
- To organize a competition cycle that will correspond as much as possible to the concept of "competition for beginners without experience".
- To include in them both karate disciplines and games with karate elements, so that all karate athletes-beginners have the opportunity to familiarize themselves and get more positive emotions from karate competitions and karate in general.

Competition level and participation restrictions:

According to competition classification – 2nd league (Latvian level tournament for athletes-beginners with minimal or no competition experience).

!!! ATHLETES CANNOT PARTICIPATE in Kata and Kumite disciplines, who in 2025, while participating in any official competition, won 1st-3rd place in Kata or Kumite.

Except:

1. Age categories 6-7 years;
2. When the athlete won 1st-3rd place in 2025 in the old age category, but in the new age category 1.-3. the place was not obtained;
3. When the prize-winning place was obtained in a category with 5 or less participants.
4. When the participation of a certain athlete was agreed with the organizer.

Date and time:

September 19, 2026 (**19.09.2026**)

Beginning at **11.00**.

Venue:

Adress – Visvalža street 9, Riga, Latvia. Sport Hall in 15th Secondary School.

Registration for the competition:

Competitors must be registered online using electronic pre-registration system on www.shotokan.lv/online/; www.karateregistration.lv.

To obtain password for registration system and all questions regarding the registration, please contact Boris Krasnov via phone +371 29621418 or e-mail: karatedo@balticom.lv

REGISTRATION DEADLINE: until **14.09.2026 23:59**.

NO OTHER CHANGES than deleting an entry will be made on the day of competition!

Competition judges and secretary:

LKF panel of judges. Judges briefing at 10.30!!!

Chief judge of the competition: Santa Drozdova (+37126833661).

The main secretary of the competition: Viktorija Agafonova (+37129118019).

Important aspects of the competition:

Responsibility for athlete's health and non-use of equipment. Athletes as well as their coaches and parents are responsible for all injuries that will be obtained due to not using the necessary equipment! The participants themselves are responsible for the compliance of their health condition with participation in the tournament and health insurance! The organizers do not provide the necessary equipment!

Protection of privacy and personal data. Photography and video filming will take place at the venue of the competition, the organizers of the competition may

use the recorded material for self-promotion purposes without coordination with the people appearing in it.

Dispute resolution procedure and protest. All questions that are not included in this restriction are answered according to organizing and LKF referee's committees. Protest consideration – 100 EUR.

Size of tatami. U8 – U14 6x6m (+1m protective strip); U16 – +16 8x8m (without protective strip).

Overweight. The permissible overweight in the Kumite category is 0.2 kg for boys and 0.5 kg for girls.

Other. If only 2 athletes remain in the category, then several fights are held - until 2 win. This rule applies to all disciplines.

Any matters not covered in these Competition Regulations shall be decided by the Chief Judge and/or the Competition Organizer.

Competition disciplines:

Karate disciplines – Kata and Kumite,

Karate games – Sumo and Fantom-Kumite

Other – Obstacle Course.

Entry fee:

30 EUR per entry	Kata&Kumite disciplines
25 EUR per entry	Sumo&Fantom disciplines
20 EUR per entry	Obstacle Course

Payment methods:

If coaches pay for participation in cash, they are given a discount of 5 euros from each category.

Payment on the day of the competition during registration or by bank transfer (until September 19, 2026) to the following details:

FUDZI KARATE SPORT SCHOOL

Reg. no.: **40008219633**

Legal address: **Ilūkstes iela 103/3-29, Rīga, LV-1082**

Bank: **A/S SEB Banka**

IBAN: **LV05UNLA0055003219827**

SWIFT kods: **UNLALV2X**

Awards:

1st, 2nd and two 3rd place winners in Kata, Kumite Sumo and Fantom-Kumite disciplines will be awarded with medals, diplomas and possibly other prizes from the organizers.

In the last competition of the cycle, "Rīgas Liesmiņa 2026", the strongest clubs of the entire competition cycle will also be awarded (TOP-3 clubs after the 1st-3rd place in the overall ranking of all cycle competitions obtained in Kata, Kumite, Sumo and Fantom disciplines). TOP-3 clubs will receive cups and gift cards from the online store Karatekas.eu, respectively for 3rd place – 100 EUR, for 2nd place – 200 EUR, for 1st place – 300 EUR.

Competition rules:

GENERAL RULES OF KATA&KUMITE

In Kata and Kumite categories are WKF rules for children adjusted by organizer.

KIMONO is mandatory for all participants in all categories! Both Kata and Kumite GRAND-PRIX (round robin) system. Each subgroup consists of 3-5 athletes. After the subgroup fights, the 2 best athletes from each group continue the fight for medals according to the Olympic system. Flag system in all categories. Kata and Kumite categories are judged by 3 judges.

KATA RULES

Athletes are allowed to perform only the following kata: Taikioku, Heian 1-5, Pinan 1-5, Ten-no-kata 1-3, Geksadai 1-2, Saifa, Zenshin-kotai.

In categories up to 7 kyu, the athlete performs two kata, but up to 9 kyu only one kata.

Athletes can participate in Kata categories with their certification belts.

Athletes perform the kata at the same time. An athlete may participate in only one kyu category!

KUMITE RULES

Duration of fights:

U8, U10 – 1 minute or up to 8 points difference

U12, U14, U16, +16 -1.5 minutes or up to 8 points difference

The athlete must have all equipment according to WKF regulations, but the equipment does not have to be marked "WKF approved". The color of the gloves and belt must match the color of the athlete in the respective bout (AKA or AO). The color of the shin instep guards does not matter.

Body protectors are mandatory for all athletes in all categories! A groin guard is mandatory for athletes in the U14, U16 and +16 age groups! Chest protector for girls up to U14 is optional. Starting with U16 - mandatory.

An athlete may participate in only one weight and age category!

SUMO&FANTOM

KIMONO is mandatory for all participants in all categories, **EXCEPT SUMO category U6 (4-5 years) and U8 (6-7 years)!** In the categories Sumo U6 (4-5 years) and U8 (6-7 years), it is possible to participate both in a kimono and in any other comfortable sports outfit.

Both Sumo and Fantom round robin system.

In the Fantom-Kumite discipline athletes could have gloves of any color. Shin instep guards are optional. Athletes can participate with their certification belts.

SUMO RULES

The fight lasts up to 2 wins. Size of the field – 3x3m.

FANTOM-KUMITE RULES

All categories are judged by 3 judges. Flag system.

Fantom-Kumite fight and evaluation:

Each athlete has five attacks per Fantom-Kumite fight. Up to 4 seconds are given to prepare and do an attack. The Fantom-Kumite fight begins when the referee asks athletes to come closer to their BOBs (Body Opponent Bag). Athletes come up and begin to imitate the movements of the athlete during Kumite fights (without attacks). After the referee's command "Aka hajime", the first athlete makes one attack. One attack can have one or several hits - punches or kicks (**up to 3 hits**), but in the case of 2 or 3 hits, they must be logically connected and must correspond to the concept of "one attack" and not "several separate attacks". When one attack is completed, the first athlete continues to imitate the movements during Kumite fights, while the second athlete, after the referee's command "Ao", begins to make his own attack (the command "hajime" is given before the first attack. After that the referee can name only the color of the athlete). When both athletes have completed 5 attacks, the referee gives the command "Yame" and the athletes stand in the "Haji Dachi" stance. The judge determines the winner with the help of "Hantei".

Criteria for evaluation:

1. Criteria for obtaining a point. For 1 attack, the athlete can get only one point, regardless of the type and number of hits (it doesn't matter if the hit was made with the hand or with the foot);
2. Technique, variety of technique and use of combinations;
3. Zanshin and movement before attacking.

Uncontrolled attack. In the case of an uncontrolled hit applies WKF junior rules. Hitting the BOB is allowed in all age categories, however an uncontrolled hit (the BOB swings heavily or falls) is considered as uncontrolled attack (point is not counted).

Categories:

KATA

Boys	Kyu	Girls	Kyu
U8	-9kyu	U8	-9kyu
U10	-9kyu, -7kyu	U10	-9kyu, -7kyu
U12	-9kyu, -7kyu	U12	-9kyu, -7kyu
U14	-9kyu, -7kyu	U14	-9kyu, -7kyu
U16	-7kyu	U16	-7kyu
+16	-7kyu	+16	-7kyu

KUMITE

Boys	Weight	Girls	Weight
U8	-25/+25kg	U8	OPEN
U10	-28/-32/-36/+36kg	U10	-30/+30kg
U12	-30/-36/-43/+43kg	U12	-30/-40/+40kg
U14	-40/-45/-50/+50kg	U14	-42/-47/+47kg
U16	-57/+57kg	U16	-47/+47kg
+16	exact weight	+16	exact weight

SUMO

Boys	Weight	Girls	Weight
U6	-20/+20kg	U6	-20/+20kg
U8	-20/-24/-28/+28kg	U8	-24/+24kg

U10	-27/-35/+35kg	U10	-30/+30kg
U12	-40/-50/+50kg	U12	-40/+40kg

FANTOM-KUMITE

Boys	Girls
U8	U8
U10	U10
U12	U12
U14	U14

Obstacle Course – Veiklais starpiņš

Date, time and venue of discipline:

September 19, 2026 (19.09.2026.)

Begining at 9.00.

Adress – Visvalža street 9, Riga, Latvia. Sport Hall in 15th Secondary School.

Entry fee: 20 EUR.

Aim of the discipline:

To give the opportunity to athletes-beginners to get their first experience in competitions, as well as to demonstrate their physical abilities - dexterity, coordination, speed and endurance.

Age categories:

Boys	Girls
4 years	4-5 years
5 years	
6 years	6 years
7 years	7 years
8-9 years	8-9 years

Discipline procedure, rules and prizes:

Each category has a limited number of places - **up to 16 participants.**

The task of the discipline is to overcome the obstacle course from point A (start) to point B (finish) faster than your opponent after the whistle signal. Fighting, jostling or otherwise disturbing each other is prohibited. If both participants finish at the same time and the judge cannot determine one winner, then both participants start again until one of the winners cannot be determined.



The discipline takes place according to the round robin system. The discipline is judged by 2 judges - one at point A, who gives the athletes the starting signal and one at point B, who fixes the winner.

If the number of registered participants in the age group is 2, then the participants fight against each other until 3 wins.

If the number of registered participants in the age group is 3-6, then the participants are not divided into several subgroups and compete against each other according to the round system.

If the number of registered participants in the age group is 7-11, then the participants are divided into two subgroups and 2 best athletes of the subgroups continue the fight for medals according to the Olympic system.

If the number of registered participants in the age group is 12-16, then the participants are divided into four subgroups and the best athletes of the 2 subgroups continue the fight for medals according to the Olympic system.

1st, 2nd and two 3rd place winners will receive medals, diplomas and possibly other prizes from the organizers.

!!! The organizer and LKF judges are not responsible for injuries that athletes may get while participating in the "Obstacle Course" discipline.