



## **10<sup>th</sup> International Salaspils Karate Cup**



Dear friends!

We would like to invite you to the 10<sup>th</sup> International Salaspils Karate Cup on 19<sup>th</sup> May, 2019. It takes place in Salaspils, one of the most beautiful cities in Latvia. It is located 15 km from Riga, the capital of Latvia.

**19th May, 2019 at 10<sup>00</sup>**

**SALASPILS, LATVIA**

**Smilšu street 1, Salaspils Sport Hall**

**Total money prize 1500 Euro**

The tournament participation is **25 Euro** in one category

**Team KATA & Team KUMITE for free, one team can start from club in category**

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<b>Organizer</b>	„Salaspils Karate Club” in cooperation with”Latvian Karate Federation”.
<b>Date</b>	<p style="text-align: center;"><b>19th May, 2018 at 10<sup>00</sup></b></p> <p style="text-align: center;">Registration and weighting from 8<sup>30</sup> till 9<sup>30</sup></p> <p style="text-align: center;">9<sup>30</sup> - 10<sup>00</sup> briefing for team representatives and coaches.</p> <p style="text-align: center;">The beginning of the competition at 10<sup>00</sup>.</p>
<b>Place</b>	<p style="text-align: center;"><b>SALASPILS, LATVIA, Smilsu street 1, Salaspils Sport Hall (15 km from Riga, the capital of Latvia).</b></p>
<b>Rules</b>	<p style="text-align: center;"><b><u>Personal document or passport is obligatory for all sportsmen.</u></b></p> <p style="text-align: center;"><b><u>Medical insurance policy for all sportsmen is obligatory.</u></b></p> <p style="text-align: center;">WKF rules with changes in U8, U10, U12, U14.</p> <p style="text-align: center;">Olympic system with two 3<sup>rd</sup> places.</p> <p style="text-align: center;">Tatami size 8x8. In team competition one 3<sup>rd</sup> place.</p> <p style="text-align: center;">Starting from 14 years - WKF rules.</p> <p style="text-align: center;">Weight difference allowance - 200 g.</p>
<b><u>KATA</u></b>	<p>WKF rules with changes in U8, U10, U12, U14.</p> <p>U8 (6-7 years) perform at least 1 KATA, athletes perform KATA together.</p> <p>U10 (8-9 years) perform at least 1 KATA, athletes perform KATA together.</p> <p>U12 (10 – 11 years) perform at least 2 KATA, athletes perform KATA together.</p> <p>U14 (12 – 13 years) perform at least 3 KATA, athletes perform KATA one by one.</p> <p>U16, U18 and Seniors WKF rules.</p> <p>In team KATA categories bunkai is not obligatory.</p>
<b><u>KUMITE</u></b>	<p>WKF rules with adjustments in the U8, U10, U12, U14 categories:</p> <p>U8, U10 – fight duration 1:00 min, up to a 6 point difference.</p> <p>U12, U14 – fight duration 1:30 min, up to a 6 point difference.</p> <p>U16, U18, Seniors – WKF rules.</p>

<b><u>Protest</u></b>	Protest review – 100.00 EUR deposit.
<b><u>Chief referee:</u></b>	Chairman of the LKF Referee Committee, EKF license holder- Igor Ponomarenko.
<b><u>Protective Gear</u></b>	<p>According to WKF rules with adjustments in the U8, U10, U12, U14 categories, in KUMITE U8, U10, U12, categories athletes can participate without a body protector.</p> <p>In the U8, U10, U12, U14 categories female athletes can participate without a chest guard.</p> <p>The athletes as well as their coaches or parents are fully responsible for any injuries received as a result of not using the required equipment! The organizers does not provide the equipment.</p>
<b><u>Rewards</u></b>	<p>Salaspils Karate Club rewards the first place winners with cups and medals, 2<sup>nd</sup> and 3<sup>rd</sup> place winners with medals.</p> <p>Team kata and kumite 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners with cups and medals.</p> <p>In team categories one 3<sup>rd</sup> place.</p> <p style="text-align: center;"><b>Total money prize 1500 Euro</b></p> <p>Three best teams in Kata + Kumite are rewarded with cups and <u>money prize 500/300/200 Euro</u></p> <p>An athlete can take part his/her category and one category higher.</p>
<b><u>Participation in the Tournament</u></b>	<p style="text-align: center;"><b>The tournament participation is 25 Euro in one category.</b></p> <p style="text-align: center;"><b><u>Team KATA &amp; Team KUMITE for free, one team can start from club in category.</u></b></p>
<b><u>Registration</u></b>	by e-mail: <a href="mailto:karatila@inbox.lv">karatila@inbox.lv</a> (registration form by e-mail). Deadline for entries is 15.05.2019 Online registration: <a href="http://www.karateregistration.lv">www.karateregistration.lv</a> .
<b><u>Contact information</u></b>	<b>+371 29 788 753 Romans Sledzevskis – the organizer of the competition (Latvian, Russian, English)</b>

### Categories KATA

<b>MALE</b>	<b>FEMALE</b>
U8	U8
U10	U10
U12	U12
U14	U14
U16	U16
U18	U18
+18	+18

### Categories KUMITE

<b>MALE</b>	<b>WEIGHT</b>				
<b>U8 (6 – 7 years old)</b>	OPEN				
<b>U10 (8 – 9 years old)</b>	-28KG	-32KG	-36KG	+36KG	
<b>U12 (10 – 11 years old)</b>	-30KG	-35KG	-40KG	-45KG	+45KG
<b>U14 (12 – 13 years old)</b>	-40KG	-45KG	-50KG	-55KG	+55KG
<b>U16 (14 – 15 years old)</b>	-52KG	-57KG	-63KG	-70KG	+70KG
<b>U18 (16-17 years old)</b>	-55KG	-61KG	-68KG	-76KG	+76KG
<b>+18</b>					
	-60KG	-67KG	-75KG	-84KG	+84KG

<b>FEMALE</b>	<b>WEIGHT</b>				
<b>U8 (6 – 7 years old)</b>	OPEN				
<b>U10 (8 – 9 years old)</b>	-25KG	-30KG	+30KG		
<b>U12 (10 – 11 years old)</b>	-35KG	-40KG	+40KG		
<b>U14(12 - 13 years old)</b>	-42KG	-47KG	+47KG		
<b>U16 (14 – 15 years old)</b>	-47KG	-54KG	+54KG		
<b>U18 (16 – 17 years old)</b>	-48KG	-53KG	-59KG	+59KG	
<b>+18</b>	-50KG	-55KG	-61KG	-68KG	+68KG

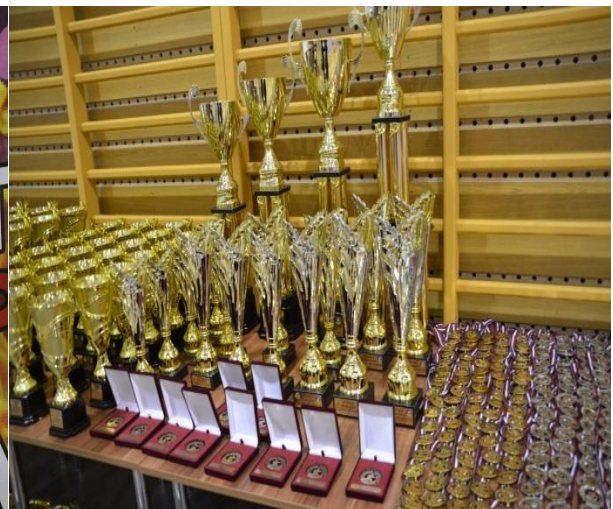
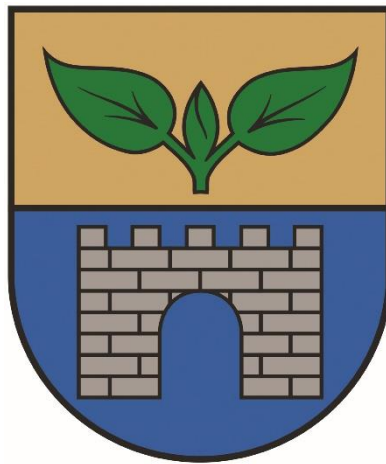
**TEAM KUMITE**

<b>BOYS/MALE</b>	<b>FEMALE</b>
<b><u>U10 + U12+ U14+ U16+</u></b>	<b><u>U10 + U12+ U14+ U16+</u></b>
<b><u>U18</u></b>	<b><u>U18</u></b>
One sportist in each age.	One sportist in each age.

<b>TEAM KATA (BOYS AND GIRLS TOGETHER)</b>
<b>U10</b>
<b>U12 + U14</b>
<b>U16 + U18</b>

*If a sportist is not registrated according to his/her category, he/she is disqualified and is not allowed to take part in the competition. In such case money is not paid back!*

*The organizer reserves the right to make change to the categories. (for example, if a category has 4 or less participants, there is a possibility of merging that category with another one).*





**GENERALSPONSOR:**



**SPORTA UN MEDICĪNAS PRECES**

**Best Regards,**

**Romans Sledzevskis**

**The chairman of organizing comitee**

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